

# Cochise, Graham, Greenlee & Santa Cruz counties (GSA 3) Resources for NTXIX SMI Program Participants

**Introduction ..... Page 2**

**Other Possible Service Sources ..... Page 2**

## **Regional Services**

Crisis Services ..... Page 3

Hotlines ..... Page 3

Information and Advocacy ..... Page 3

Resources ..... Page 4

Counseling ..... Page 5

Domestic Violence ..... Page 6

Other Support Groups ..... Page 6

Prescription Drug Discount Programs ..... Page 6

## **Cochise County Services**

Housing ..... Page 8

Community Resources ..... Page 8

Shelters ..... Page 9

Transportation ..... Page 9

## **Graham County and Greenlee County Services**

Community Resources ..... Page 10

Shelter ..... Page 10

Transportation ..... Page 10

## **Santa Cruz County Services**

Housing ..... Page 11

Community Resources ..... Page 11

Shelter ..... Page 11

Transportation ..... Page 11

## **Cochise, Graham, Greenlee, Santa Cruz counties (GSA 3) Resources for NTXIX SMI Program Participants**

**To case managers:** CPSA has compiled the following list of community resources that can be used when speaking with members whose benefits are changing due to funding reductions. As this is not a comprehensive list of available resources, we strongly encourage provider staff to also identify resources with which your agency is familiar.

**To CPSA members who have been determined to have a Serious Mental Illness and are not enrolled in AHCCCS/Medicaid/Title XIX:** When you meet with your case manager, s/he will go over this list of resources with you, to help identify and make initial contact with any that may meet your needs.

**Please note:** Some services contained in this list may charge a fee. Please call the organization to find out as well as to verify dates, times and locations of available services.

- **Application for AHCCCS and other benefits or to notify of a change in income:**  
Individuals who receive AHCCCS benefits are able to receive all behavioral health covered services as appropriate. These services include therapy, case management, and vocational assistance. To apply for AHCCCS on line, please go to: [www.healthearizona.org](http://www.healthearizona.org)
- **CPSA Member Services:** Member Services can help you clarify your benefits, change providers, and locate community resources. They may be reached at 1-800-771-9889 opt. 2 or 318-6946 opt. 2 and are available 24 hours/day, 7 days/week. Because your needs may involve coordinating with other agencies, please call between 8 am and 5 pm Monday-Friday

**OTHER POSSIBLE SERVICE SOURCES** (Your case manager will need to help you with the items under this heading)

If a member has substance abuse issues, s/he may be eligible to receive additional treatment services through a **Substance Abuse Prevention and Treatment Block Grant**, known as SAPT. To be eligible for SAPT services, the member must be one of the following:

- A pregnant woman/teenager who uses drugs by injection;
- A pregnant woman/teenager who uses substances;
- An IV drug user (male or female); or
- A substance-using woman or teenager with dependent children (including women attempting to regain custody of their children).

SAPT benefits include these specialized, gender-specific treatment and recovery support services for females who are pregnant or have dependent children and their families:

- Referral for primary medical care for pregnant females;
- Referral for primary pediatric care for children;
- Gender specific substance abuse treatment; and
- Therapeutic interventions for children;

All CPSA providers receiving funds for residential substance abuse treatment services through the SAPT Block Grant for pregnant/parenting women must provide all required services mentioned above.

### **Interim Services for Pregnant Women/Injection Drug Abuse (Non-Title XIX/XXI only)**

The minimum required interim services include education on:

- Behaviors that increase the risk of contracting HIV, Hepatitis C and other sexually transmitted diseases;
- Effects of substance use on fetal development;

- Risk assessment/screening;
- Referrals for HIV, Hepatitis C and tuberculosis screening and services; and
- Referrals for primary and prenatal medical care.

CPSA also requires that interim services include counseling and education about:

- HIV and TB;
- Risks of needle sharing; and
- Risks of transmission.

### **Arizona Families First**

If the member is involved with Child Protective Services (CPS), the CPS worker can make a referral to Arizona Families First (AFF) for substance abuse treatment. Treatment includes Outpatient and Intensive Outpatient Treatment, groups and therapy services.

### **DES (Department of Economic Security)**

Provides Medical (AHCCCS) and cash assistance (TANF) to eligible individuals. To apply for services go to: [www.HealtheArizona.org](http://www.HealtheArizona.org)

## **Regional Services**

### **CRISIS SERVICES**

**SEABHS:** (520) 586-9161 or 1-800-586-9161.

24 hours/day, 7 days/week phone accessibility. Individuals will be triaged and, as appropriate, directed to an outpatient clinic convenient to the caller.

For more about services through SEABHS: [www.seabhs.org](http://www.seabhs.org)

### **HOTLINES**

Hotlines are free-of-charge phone services that provide immediate over-the-phone counseling. Although paid staff may be on duty, most counselors are trained volunteers. There are many other toll-free hotlines that are not listed here. To find one, utilize Google on-line and type in your concern, such as "Depression Hotline."

**Alcoholics Anonymous Cochise County:** 1-877-459-0031

**Al-Anon (alcohol):** 1-888-4AL-ANON (425-2666)

**Narcotics Anonymous:** (520) 881-8381

**Co-Dependents Anonymous:** 1-888-444-2359; Spanish: 1-888-4444-237

**Co-Anon (cocaine):** 1-800-898-9985

**Parents Anonymous of Arizona:** 1-800-352-0528

**EMERGE Crisis:** 1-888-428-0101

### **INFORMATION AND ADVOCACY**

**Community Information and Referral Help Line:** 1-800-352-3792.

Database on community services that includes the five counties served by CPSA (Pima, Cochise, Graham, Greenlee and Santa Cruz).

**Arizona Self Help:** <http://arizonaselfhelp.org/>

Web site that screens for 31 different programs, including child and family resources, financial benefits, health care, jobs and employment directories, clothing and diaper banks, food and nutrition, housing and utilities, and services for seniors and those with disabilities.

**Benefits Check Up:** <http://www.benefitscheckup.org/>

For Medicare recipients ONLY. Designed to assist in determining services for which individuals may qualify.

**NAMI-SEA** (National Alliance on Mental Illness of Southeastern Arizona): <http://www.namiseaz.org/>

Information and advocacy  
Phone: (520) 459-3228 or 1-800-380-2322  
Fax: (520) 378-4266  
77 Calle Portal, Suite A-280  
Sierra Vista 85635

## **RESOURCES**

**AA/Alanon/Alateen:** [www.area03.org](http://www.area03.org)

Web site for the Arizona Area Committee of Alcoholics Anonymous. On the left side of the page in the menu is a field called "AA Meetings." This will link you to a page that allows you to select a meeting based on location, day of the week, time, Spanish-speaking, wheelchair accessibility, etc.

**SMART:** [www.smartrecovery.org](http://www.smartrecovery.org)

Web site with information on meetings and about the SMART process. According to the Web site, SMART Recovery (Self Management and Recovery Training) helps individuals gain independence from addictive behaviors (substance or activities).

**Community Information and Referral Help Line (Phoenix):** 1-800-352-3792

Database on community services that include the five counties served by CPSA.

**Google:** Type in "Support Groups" for your local city in Arizona or the specific type of group you are looking for and in what region.

### **Veteran's Administration**

Call to verify if member is eligible to receive services with the VA. Member must have served in the military at some time.

Phone: 1-888-952-4700 or (520) 458-7144

### **Adult Protective Services**

Assesses and makes referrals for services when there is possible abuse, neglect, or exploitation of a vulnerable adult.

Phone: 1-877-SOS-ADULT or 1-877-767-2385

### **SEAGO** (Southeastern Arizona Governments Organization)

Regional planning agency that performs and coordinates a variety of functions; information about services available and how to access them.

Phone: (520) 432-5301

- Women, Infant & Children (WIC): 1-800-252-5942
- Verhelst Recovery House: (520) 432-3764 (Substance abuse treatment for men.)
- Children Crisis Center/Open Inn: (520) 456-1000 (all four counties)
- Children Care Resource & Referral: 1-800-308-9000
- Comprehensive listing of services offered in the four counties: [www.infoseaz.org](http://www.infoseaz.org)

## **Easter Seals Blake Foundation**

Phone: 1-800-775-2256

- Case Management
- Childcare: Safford
- Early Head Start: Safford, Sierra Vista
- Early Intervention: Cochise, Gila, Graham, Greenlee, Santa Cruz Counties
- Family Connections Behavioral Health Services
- Head Start: Palomita Children's Center (Safford)
- Healthy Families: Bisbee, Douglas, Safford
- Inclusion Training for Childcare: statewide
- NICP/Community Nursing: Cochise, Graham, Greenlee counties
- Preschool/Play Group: Great Leaps Children's Center (Sierra Vista)
- Project "Me Too!"
- Service Coordination for Children and Young Adults with Traumatic Brain Injury: Cochise, Gila, Graham, Greenlee, Santa Cruz counties

### Children and Family Services (Cochise County)

1939 South Frontage Road A  
Sierra Vista 85635  
Phone: (520) 452-9784  
(520) 452-7920 Local AzEip number  
1-800-464-7920 Outside Sierra Vista

1065 F Ave., Douglas  
Phone: (520) 805-0222

### Children and Family Services (Graham and Greenlee Counties)

250 West 15<sup>th</sup> St.  
Safford 85546  
Phone: (928) 428-7770

### Children and Family Services (Santa Cruz County)

1071 N. Grand Ave.  
Nogales 85621  
(520) 287-3388

## **COUNSELING**

### **AA/Alanon/Alateen:** [www.area03.org](http://www.area03.org)

Web site for the Arizona Area Committee of Alcoholics Anonymous. On the left side of the page in the menu is a field called "AA Meetings." This will link you to a page that allows you to select a meeting based on location, day of the week, time, Spanish-speaking, wheelchair accessibility, etc.

### **Counseling Skills Center at the University of Phoenix**

Free group, individual, family and child counseling by student interns  
Phone: (520) 239-5315

### **SMART:** [www.smartrecovery.org](http://www.smartrecovery.org)

Web site with information on meetings and about the SMART process. According to the Web site, SMART Recovery (Self Management and Recovery Training) helps individuals gain independence from addictive behaviors (substance or activities).

### **Veteran's Administration**

Call to verify if member is eligible to receive services with the VA. Member must have served in the military at some time.

Gary Taber, [gary.taber@va.gov](mailto:gary.taber@va.gov)  
Phone: (520) 792-1450 ext 2801

## **DOMESTIC VIOLENCE**

### **Emerge! Center Against Domestic Abuse:** [www.emergecenter.org](http://www.emergecenter.org)

24-hour bilingual crisis hot line, emergency services, safety planning, information and referrals. See below for other services.

Phone: (520) 795-4266 or 1-888-428-0101

One-on-one support and education to victims and survivors who have experienced domestic abuse, including:

- Domestic abuse education
- Crisis intervention & safety planning
- 911 emergency cell phones
- Goal planning assistance

Referrals for clothing, financial assistance, housing, employment, DES services, medical assistance, advocacy, parenting services, victim compensation, relocation, and Starting Over Supply kits.

### **Survivors Support Groups**

For survivors of domestic abuse, including children; support and education covering a variety of issues. Lay legal assistance, orders of protection.

Phone: (520) 881-7201 or (520) 573-3637 to schedule an intake appointment

## **OTHER SUPPORT GROUPS**

### **Alzheimer's Association**

24-hour helpline; support groups; questions/information

Phone: 1-800-272-3900

Phone: (520) 628-7223 or 1-800-771-9054

### **SAAF (Southern Arizona AIDS Foundation)**

Support groups for persons with HIV/AIDS and their family members

## **PRESCRIPTION DRUG DISCOUNT PROGRAMS**

### **RXAssist**

Patient assistance programs run by pharmaceutical companies provide free medications to people who cannot afford to buy their medicine. RxAssist offers a comprehensive database of these patient assistance programs, as well as tools, news and articles so healthcare professionals and patients can find the information they need.

[www.rxassist.org](http://www.rxassist.org)

### **Grocery and Drug Stores**

**CVS Health Savings Pass** – No income requirement [www.cvs.com](http://www.cvs.com)

**Walgreens** – No income requirement  
[www.walgreens.com](http://www.walgreens.com)

**Oscopharmacy** – No income requirement  
[www.oscopharmacy.com](http://www.oscopharmacy.com)

**Safeway** – No income requirement  
[www.safeway.com](http://www.safeway.com)

**K-Mart** – No income requirement  
Phone: 1-800-866-0086  
[www.kmart.com](http://www.kmart.com)

**Target** – No income requirement  
Phone: 1-800-440-0680  
[www.target.com](http://www.target.com)

**Fry's (The Kroger Family of Stores)** – No income requirement

Phone: 1-800-917-4926

[www.frysfoods.com/pharmacy\\_drugplan.html](http://www.frysfoods.com/pharmacy_drugplan.html)

**Wal-Mart/Sam's Club \$4 Prescriptions** – No income requirement  
[www.walmart.com](http://www.walmart.com)

**Bashas Discount Rx Program** – No income requirements  
[www.bashas.com/pharmacies](http://www.bashas.com/pharmacies)

**Costco** – No income requirement  
Phone: 1-800-806-0129 M-F, 6 am-6 pm PST  
[www.envisionrx.com/costco/cmpp.aspx](http://www.envisionrx.com/costco/cmpp.aspx)

## **Other Prescription Drug Discount Programs**

### **Arizona Copper Card** – No income requirements

Phone: 1-888-227-8315

[www.azcoppercard.gov](http://www.azcoppercard.gov)

### **EZMEDS USA**

Income requirements:

- One individual: gross annual income approx. \$19,000 or less
- Two or more individuals: gross annual income approx. \$31,000

Phone: 1-888-396-9211

### **Partnership for Prescription Assistance -**

Income requirements vary

Phone: 1-888-477-2669

[www.pparxaz.org](http://www.pparxaz.org)

### **NORD (National Organization for Rare Disorders)** – No income requirement

Phone: 1-800-999-6673

[www.rarediseases.org](http://www.rarediseases.org)

E-mail: [orphan@raredisease.org](mailto:orphan@raredisease.org)

### **Novartis Oncology** – Income requirements (call for details)

Phone: 1-800-282-7630 or 888-4PA-NOW (888-477-2669)

[www.pparxaz.org](http://www.pparxaz.org)

### **NeedyMeds** – Income requirements (see Web site for details)

120 Western Ave.

Gloucester, MA 01930

Fax: 419-858-7221

[www.needymeds.com](http://www.needymeds.com)

### **The Medicine Program** – Income requirements (call for details)

Phone: 1-800-921-0072

[www.themedicineprogram.com](http://www.themedicineprogram.com)

### **Together Rx Access** – Income requirements

Household income equal to or less than:

- \$30,000 for a single person
- \$40,000 for a family of two
- \$50,000 for a family of three
- \$60,000 for a family of four
- \$70,000 for a family of five

Families of six or more should contact the Together Rx Access Program at 1-800-444-4106 or see Web site to determine eligibility:

[www.togetheraccess.com](http://www.togetheraccess.com).

### **Patient Access Network Foundation** – Income requirements

Call 1-866-316-PANF (7263) for help completing the application and assessing eligibility. An application for assistance can be mailed or faxed directly to the member or member's physician.

[www.patientaccessnetwork.org](http://www.patientaccessnetwork.org)

### **Chronic Disease Fund** – Income requirements (call for details)

Phone: 1-877-968-7233

[www.cdfund.org](http://www.cdfund.org)

### **Free Medicine Foundation** – Income requirements (call for details)

Phone: (573) 996-333 M-F 8 am-5 pm CST  
P.O. Box 125, Doniphan, MO 63935

[www.freemedicinefoundation.com](http://www.freemedicinefoundation.com)

### **Prescriptions4free** – Income requirements (call for details)

Phone: 1-888-240-9140, M-F 9am-5 pm PST  
Prescriptions4FREE Resource Center

1306 W. Craig Road, #E-281

North Las Vegas, NV 89032

[www.prescriptions4free.com](http://www.prescriptions4free.com)

## Cochise County Services

### HOUSING

#### **Cochise County Housing Authority**

Subsidized housing (HUD);  
serves the entire county  
Phone: (520) 432-8881

#### **Douglas Housing Authority**

Subsidized housing (HUD)  
Phone: (520) 364-8458

#### **Habitat for Humanity**

Helps low-income  
individuals build and  
finance homes  
Phone: (520) 378-6966

### COMMUNITY RESOURCES

#### **Cochise Ability**

Information and referral for individuals who have disabilities  
Phone: (520) 417-0901

#### **AIRES**

Services and support for individuals with a developmental disability and for older adult consumers through independent living settings, group homes, day programs and vocational rehabilitation programs.  
Phone: (520) 459-5362

#### **NAMI-SEA** (National Alliance on Mental Illness of Southeastern Arizona)

Support (groups), education and advocacy for individuals and families affected by brain disorders.  
Phone: (520) 459-3228 or 1-800-380-2322

Fax: (520) 378-4266

77 Calle Portal, Suite A-280

Sierra Vista 85635

[www.namisez.org](http://www.namisez.org)

#### **SEACRS** (Southeastern Arizona Consumer-Run Services)

Peer-led, life-enhancing opportunities for mental health recovery and wellness.

Operates two wellness and recovery centers: The Comfort Zone in Sierra Vista and the Gila Valley ORE program in Safford.

Phone: (520) 452-0080

4116 Avenida Cochise, Ste. M

Sierra Vista 85635

#### Comfort Zone

Peer-run mental health wellness and recovery center

Phone: (520) 459-2624

1201 E. Fry Blvd., Ste. 3-B

Sierra Vista 85635

#### **ViCaP** (Volunteer Interfaith Caregiver Program)

Provides services to individuals who are elderly, disabled and home-bound and who live in Sierra Vista and nearby rural communities in Cochise County. Services provided free of charge by trained volunteers from faith congregations, community organizations and local businesses.

- Transportation for appointments
- Shopping (for or with the person)
- Personal business help
- Friendly visiting and telephone reassurance
- Minor home maintenance
- Respite sitting
- Referrals

Office: 300 El Camino Real

Sierra Vista 85635

SVRHC Campus

Phone: (520) 459-8146

Fax: (520) 459-8141

E-mail: [vicap-sv@gwestoffice.net](mailto:vicap-sv@gwestoffice.net)

## **SHELTERS**

### **Douglas**

#### **House of Hope**

Domestic-violence services and emergency housing for women and children  
Phone: (520) 364-2465

### **Sierra Vista**

#### **Sierra Vista Domestic Crisis Shelter** (formerly Forgach House)

Domestic-violence services and emergency housing for women and children  
Phone: (520) 458-9096

#### **Good Neighbor Alliance**

Shelter for men and families with children  
Phone: (520) 432-0776

### **Bisbee**

#### **Renaissance House – Women’s Transition Shelter**

Substance abuse treatment for women  
Group and individual counseling  
Residential treatment center  
Phone: (520) 432-1771

#### **Coalition for the Homeless**

Shelter for men and families with children  
Phone: (520) 432-4660

## **TRANSPORTATION**

### **Vista Transit**

Sierra Vista Public Transit System

Fares each way: \$1, or 50 cents for ages 65 and older, persons with a disability and students (through college). Curbside to Curbside Service costs \$2 more. Monthly passes for unlimited rides are also available.

Phone: (520) 417-4888

### **Catholic Community Services of Southern Arizona**

Transportation for seniors and individuals with disabilities

Phone: (520) 364-4474 (Transportation Program Office, Douglas)

#### **Senior Transportation**

- Benson, J-6 and St. David areas: Provided 8 hours/day, 5 days/week. Requires 24-hour advance notice.
- Elfrida/Douglas: Takes clients from Elfrida to Douglas for medical appointments, nutrition services and shopping, 1 day/week every other week.
- Willcox: Provided 5 days/week, an average of 5.5 hours/day. Service to Bowie and San Simon provided once a week.

#### **Non-emergency medical transportation**

- Douglas, Benson and Willcox: Transports are provided through a contract with Cochise Health Systems. Non-Emergency transport service and a “Dial-A Ride” service is provided 6 days a week when required.
- Douglas Rides: a deviated, fixed-route service is available in the city of Douglas and connects to Cochise Commuter, an inter-city service that makes 2 round trips a day from Douglas through Bisbee into Sierra Vista. This service was developed to meet the needs of individuals who are low-income, elderly and/or disabled and those needing transportation for employment, education and medical treatment including dialysis, radiation and chemo treatments.

**VICaP (Volunteer Interfaith Caregiver Program)**

Provides services to individuals who are elderly, disabled and home-bound and who live in Sierra Vista and nearby rural communities in Cochise County. Services provided free of charge by trained volunteers from faith congregations, community organizations and local businesses.

- Transportation for appointments
- Shopping (for or with the person)
- Personal business help
- Friendly visiting and telephone reassurance
- Minor home maintenance
- Respite sitting
- Referrals

Office: 300 El Camino Real  
Sierra Vista 85635  
SVRHC Campus  
Phone: (520) 459-8146  
Fax: (520) 459-8141  
E-mail: [vicap-sv@qwestoffice.net](mailto:vicap-sv@qwestoffice.net)

**Southeastern Arizona Community Action Program**

Transportation to medical appointments and shopping for individuals who are elderly or have a disability and are low income

May be able to assist with food boxes, utility and rent

Phone: (928) 428-2872

Bisbee phone: (520) 432-5401

Willcox phone: (520) 384- 3120

**Safe Ride**

Phone: 1-800-797-7433

Sierra Vista: Taxis and bus service  
Phone: (520)417-4888

Douglas: Taxis  
Senior Ctr: (520) 364-7763  
Catholic Community  
Services: (520) 459-0595

Bisbee and Willcox: Safe Ride only  
Phone: 1-800-797-7433

**Graham County and Greenlee County Services**

**COMMUNITY RESOURCES**

**Gila Valley Opportunity for Recovery & Empowerment (ORE)**

SEACRS' peer-run mental health wellness and recovery center

Safford

Phone: (928) 428-1207

**SHELTER**

**Mount Graham Safe House**

Domestic violence services and emergency housing for women and children

Phone: (928) 348-9104

**TRANSPORTATION**

**Safe Ride**

Non-emergency medical transportation services

Contracts with various insurance policies and can accept cash and credit cards if your insurance is not accepted

Phone: 1-800-797-7433:

### **Southeastern Arizona Community Action Program**

Transportation to medical appointments and shopping for individuals who are elderly or have a disability and are low income  
May be able to assist with food boxes, utility and rent  
Phone: (928) 428-2872  
Clifton phone: (928) 865-3214  
Duncan phone: (928) 359-9440

## **Santa Cruz County Services**

### **HOUSING**

#### **City of Nogales Housing Authority**

Subsidized housing (HUD)  
Phone: (520) 287-4183

### **COMMUNITY RESOURCES**

#### **Mariposa Community Health Center**

Medical, dental, lab, x-ray, pharmacy, mammography and behavioral health services, all related to medical conditions  
Phone: (520) 281-1550

### **SHELTER**

#### **Crossroads Nogales Mission**

Domestic violence services and temporary housing for women and children; three-day limit  
Longer-term housing may be offered if appropriate  
Adult direct rehab program for women or men, for three or six months  
Phone: (520) 287-5828

#### **Our House/Nuestra Casa**

Domestic violence services and temporary housing for women and children  
Phone: (520) 287-2107

### **TRANSPORTATION**

#### **Santa Cruz Council on Aging Transportation Services**

Transportation for elderly and disabled to nutrition site and medical appointments  
Four hours notice needed  
\$1 fee  
Phone: (520) 287-7422

#### **Southeastern Arizona Community Action Program**

Transportation to medical appointments and shopping for individuals who are elderly or have a disability and are low income  
May be able to assist with food boxes, utility and rent  
Phone: (928) 428-2872  
Nogales phone: (520) 287-5066 or 1-800-293-1144.

#### **Safe Ride**

Phone: 1-800-797-7433  
Nogales: Taxis and bus service  
Phone: (520) 287-5628